



Nutrition Profile	Serving size	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Protein (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)
Original Salsa no Picante	1oz	15	0	0	0	0	0	80	2	1
Chipotle Salsa	1oz	15	0	0	0	0	0	90	2	1
Habenero Salsa	1oz	15	0	0	0	0	0	90	2	1
Pico de Gallo	1oz	5	0	0	0	0	0	5	1	0
Corn Salsa	1oz	25	5	<1	0	1	0	190	4	0
Pinto Beans	1oz	25	0	0	0	1	0	40	5	1
Black Beans	1oz	25	0	0	0	1	0	150	4	1
Tortilla Soup	1oz	10	0	0	0	0	0	45	2	0
Cilantro Rice	1oz	60	5	0.5	0	1	0	65	13	0
Burrachos Chicken	1oz	37	5	0	0	6	15	55	0	0
Carnitas Pork	1oz	39	13	1.25	<1	6	18	208	0	0
Barbacoa Beef	1oz	42	15	2	0.6	7	16	140	0	0
Ground Sirloin	1oz	75	10	1	0	4	10	75	1	0
Steak	4oz	130	50	6	2.5	19	45	420	1	0
Flour Tortilla 6"	1ea(30g)	90	20	2.5	1	3	0	200	16	2
Flour Tortilla 13"	1ea(109g)	330	70	8	3	9	0	710	55	5
White Chips (unfried)	1oz	80	5	0.85	0	2	0	38	16	1
Corn Tortillas (unfried)	4ea	140	7.5	1.5	0	3	0	5	29	2
Sour Cream	1oz	50	45	5	3	1	15	15	2	0
Guacamole	1oz	50	45	5	1	0	0	180	2	1
Queso Cheese	1oz	110	80	9	6	6	25	450	0	0
Monterey Jack Cheese	1/4cup	110	80	9	5	7	30	180	1	0
Romaine Lettuce	1oz	7	0	0	0	0	0	0	1	0

Protein serving is approximately 3 to 4 oz.

Bean serving is approximately 3 to 4 oz.

Rice serving is approximately 5 to 7 oz.

Cheese serving is approximately 1/4 cup

Soup serving is approximately 8 oz.

**MEX MY WAY** is designed to let our customers build their eating experience to their liking.

Portion sizes will vary accordingly to the customer's expectations.

